



Auckland Region Waka Ama Sprint Regatta – Pānui 2

Tēnā koutou ngā kaihoe o te rohe o Tāmaki Makarau. Nau mai, piki mai ki te awa o Tamaki, Karawhuia tātou.

The 2023 Regional sprint regatta will be held at Ian Shaw Park, 252a Panama Rd, Mt Wellington, Auckland, hosted by Nga Hau Maiangi. Aroca is grateful for the opportunity to deliver this event at a new location, this offers the opportunity for us to be adaptable, versatile and build capability in terms of resources, equipment, education, funding, and support, all of which has presented their own challenges over the past few years.

The Challenges Aroca has faced are

1. Securing enough waka for regatta
2. Shortage of drivers to tow waka
3. Safety boats
4. Location
5. Funding
6. Picking up equipment, set up and pack down
7. Shortage of volunteers on the day for loading bay, marshalling, results, parking, safety boat support etc

Events will be held over 250m and 500m straight courses for W1, W6 & W12 events. This is also the qualifying event for W1 & W12 paddlers wanting to represent the AROCA region at the Waka Ama NZ National Sprint Championships 14-20 January 2024

Race Format

W1 250m & 500m – one race only per paddler, quota will be filled by the fastest times overall

W12 – 250m – one race per team, quota will be filled by the fastest time overall for J19 and Premier

teams W6 – 250m for midgets only, fastest 4 teams progress to the finals

W6 – 500m for all intermediates to Master 80 – fastest 4 teams progress to the finals

The format is dependent upon several factors and on the number of entries received and may change after the cut-off date

There have been concerns raised about the suitability of the venue and these concerns have been noted

1. High Tide is at 11:51am, there is a 3–4hour window either side of the high tide
2. The plan is to schedule the races so that all categories are racing at a similar time/condition,
3. Categories will be scheduled as either all before the high tide or after the high tide, there will not be any cross over
4. The course will be set to use the middle of the estuary as much as is practical that is why there are only 4 lanes so there will be less concern about the outer lanes, the min width of a lane is 12.5m so each half will need to be a min of 25m wide i.e., the width of the entire course should be at least 50m

5. Race-lane set up – (course diagram is on page 8) **See below from Race Rules**

12.1 The race course shall have lanes that are:

- a. 250 and/or 500m long;
- b. at least 12.5 – 16m in width for races run in a straight line;
- c. 25 - 32m in width for races involving turns;
- d. at right angles to the start and finish line;
- e. at least 2m deep;
- f. not unduly influenced by currents.

6. The team can put permanent markers in at the estuary so it will be easier to set up consistent lanes, this could not be done at the lake due to setting up stakes on private property and using their tree's, it was difficult to set the lanes every time we returned to the lake as the landscape was always changing.

Key Dates are

Monday 2nd October 2023: Entries open

Friday 10th November: Entries close

Sunday 12th Final roster changes

Wednesday 15th November: Draft Lane Draw Available (on the AROCA & WANZ website)

Saturday 18th/Sunday 19th November: Race days

Age Categories

Age is taken as reaching the specified age in 2024 (i.e., next year). This enables you to race in the same division as you will at the coming 2024 nationals. If in doubt see the <http://www.wakaama.co.nz/agedivisionchecker> or email admin@aroca.co.nz for clarification.

W1 Nationals Qualification Information

This is the qualifying event for the 2024 NKOA Sprint Nationals. Paddlers may only paddle for one club. Regions are allocated 4 entries for each race division plus extra quota for having finalists in the previous year's nationals. The quota will be filled from placings in each race division.

W1 Quota for AROCA

Category	No
Int Men	7
Int Women	7
J16 Men	9
J16 Women	5
J19 Men	7
J19 Women	11

Category	No
Open 23 Men	6
Open 23 Women	7
Premier Men	9
Premier Women	6
Master Men	8
Master Women	6

Category	No
Snr Master Men	8
Snr Master Women	8
Gld Master Men	4
Gld Master Women	8
70+ Men	5
70+ Women	6

Category	No
75+ Men	4
75+ Women	4
80+ Men	4
80+ Women	4

Entries and Race Information

Regatta Events		
W1	250m dash	J19 & Premier
W1	500m	Intermediate - Master 80s
W12	250m dash	Taitamariki/Intermediate/J16/J19/Premier/Masters (40yrs & beyond))
W6	250/500m	Taitamariki/Intermediate/J16/J19/Premier/Masters (40yrs & beyond)

Categories for W12 Races		
Men	250	Taitamariki/Intermediate/J16/J19/Premier/Masters (40yrs & beyond))
Women	250	Taitamariki/Intermediate/J16/J19/Premier/Masters (40yrs & beyond))

Categories for W6 Races		
Men/Women	250	Taitamariki
Men/Women	500	Int/J16/J19/Premier/Masters (40yrs & beyond)

All entries must be completed by the Club Administrator, waivers will be done online and must be completed at the same time entries close.

All entries need to be verified members of NKO. New paddlers must have completed their NKO ID process.

Late entries will not be accepted

Entry Fees (one fee if you are entering more than one discipline)

ENTRY COSTS (per paddler)		
Division	Age	One Fee for all races
Midgets	6 to 10	\$10.00
Intermediate	11 to 13	\$15.00
J16	14 to 16	\$25.00
J19	17 to 19	\$30.00
Open/Masters	20 and over	\$40.00
Out of Region	All	\$100.00*

If you are choosing to race **W1 only** the fee will be **\$20.00**

- All entry fees are to be paid by 16^h November. Clubs will be able to see roster and invoice details in the member area of the website. A follow up invoice will also be sent to clubs
- All clubs must pay directly to the AROCA account and ensure the reference is clear to ensure payment is reconciled
- Paddler Fees are non-refundable. If a paddler is withdrawn after the entry closing date there will be no refund. Paddlers with outstanding fees will not be allowed to participate.

**Out of region paddlers will be accepted at the discretion of AROCA*

W1 Compliance

- All canoes must comply with section 7.1 of the NKOA rules for waka ama racing (NB: minimum weight fully rigged 14kg).
- There will be *no pre-event waka weigh in this year*, instead there will be a spot check after each race. Paddlers whose waka are found to be under the 14kg minimum specification will incur a penalty.
- All W1s must have lane number holders, as per Waka Ama New Zealand race rules.
- Paddlers must arrange to have their own W1. Paddlers should NOT assume that they will be able to use other paddlers' W1s on race day.
- Loading out and races will not be delayed for paddlers waiting for canoes.
- Each paddler may have 1 support person to assist with the loading and unloading of waka.
- Clubs and coaches please note that your paddlers must be of a level where they can competently and confidently take the start line and complete the race. Any paddlers who fail to reach the start line within a reasonable time will be withdrawn from the race.
- Paddlers going outside of their lane will be penalised, withdrawn, or disqualified. (DQ'ed) paddlers *will not receive refunds*.

Waitlist – Please read carefully

Level 1

For paddlers who do not make the quota, the next two racers in each division will qualify immediately for the Waitlist, (this is a manual process and not system generated) If you do not wish to be on the waitlist your club rep must advise AROCA via email by **December 6th 2023**

Level 2

Participants from Regionals who compete but do not qualify can be placed on the waitlist for Nationals with the waitlist fee included in their regional entry fee. These participants are placed below the Level one paddlers in the list. Note: this is a manual process and not system generated, therefore your club rep must advise AROCA via email by **December 6th 2023**

Level 3

Paddlers unable to compete at the Regionals wanting to make the quota for Nationals will be required to write to the Race Committee requesting their inclusion on the wait list. This should be sent from your club rep to AROCA via email by **December 6th 2023**. The fee applicable for inclusion on the wait list is the same as the event entry fee for that race. Non competing participants who are accepted on the waitlist are included at the bottom of the quota list after Level 2 paddlers on a first come, first serve order.

Arriving on Site

Please follow the directions given to you by the parking wardens. If you can, please car pool where possible
Paddlers will be marshalled according to their race numbers please check the race schedule for further information.

Club and Event Requirements

Support Boats

We require three support boats for the event. Boats will be paid \$300 per day to assist, if you wish to be included, please contact admin@aroca.co.nz. You must ensure your boat is safe and suitable for the event.

Tent allocation

Tents can be put up on the grass area, refer to site map

Vendors

There will be coffee, food, and ice-cream vendors this year

Volunteers

All participating clubs are expected to provide non paddling volunteers for each day of the event, see list to see which area your club has been allocated to All volunteers are required to register for health & safety reasons. Lunch will be provided for all volunteers.

<https://form.jotform.com/tarnzalbert/volunteer-registration-form>

Volunteer Roles and Allocations	Team Leader	No Req Per Day	Saturday	Sunday
Pre Event Set Up	Tania	10		
Admin			Breast Cancer	Breast Cancer
Bins			Catering	Catering
Lanes			Heart Foundation	Heart Foundation
Marshalling			Stroke Foundation	Stroke Foundation
Parking			Vendors	Vendors
Pick up equipment from Storage	Tania & Barrie	2		
Signage				
Sound				
Tents				
Toilets				
Waka				
Site & Equipment Management	Heremaia/Cilla			
Gate Control		2	CIOC - NHM	CIOC - NHM
Parking 06:45 – 10am		4	CIOC - NHM	CIOC - NHM
Loading bay (am)		8	Te Pou Herenga	Tu Tangi Ora
Loading bay(pm)		8	Waitemata/Orakei	Taniwha
Marshalling Area		3	Manukau	Manukau
Waka Rigging/Derigging		12	-	NHM/Portage
Waka Weighing		4	Aratika	-
Admin	Cherin			
Admin		3	Waitakere	Waitakere
Comms & MC	Tahuri & Darna	2	Waitakere	Waitakere
Results	Magz (TBC)	4	Tamaki/Aroca	Tamaki/Aroca
Spotters		3	Te Paerangi	Ocean Blue
Starter		2	TBA	TBA
On Water Management	Heremaia/Matt			
Lane de-rig		8	Pakuranga/NHM	Pakuranga/NHM
Lane Set Up		8	Pakuranga/NHM	Pakuranga/NHM
Race Start Flags		2	TBA	TBA
Safety Boat Drivers		4	TBA	TBA
Safety Boat helpers		4	Akarana	Akarana

Weather Conditions or Other Delays

In case of severe weather conditions on race day, the race director retains the right to stop, postpone and/or cancel races on race day.

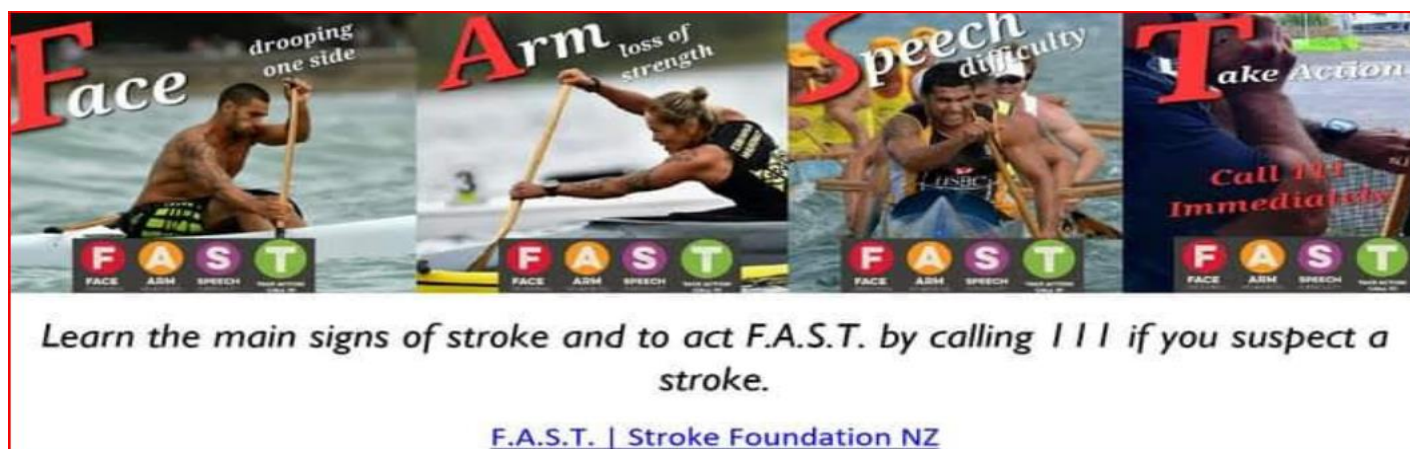
Please note that we will be unable to refund race fees in this case.

If delays occur, races may run later than scheduled

Regional Shirts for W1/W12 Qualifiers

This year the Stroke Foundation will be sponsoring the AROCA regional shirts. A shirt design competition will be held (panui to be released)

The shirts will carry the very important FAST message. All qualifiers will receive a free shirt and these shirts **must be worn at Nationals** (this is not optional) to help spread the message.



Training at Ian Shaw Park Reserve

If your club or team would like to train at Ian Shaw Park, please as a courtesy contact Nga Hau Maiangi (nhminc.secretary@gmail.com) in the first instance as this area becomes heavily burdened with the Waka Ama clubs, Auckland Rowing and Secondary Schools that are already training there.

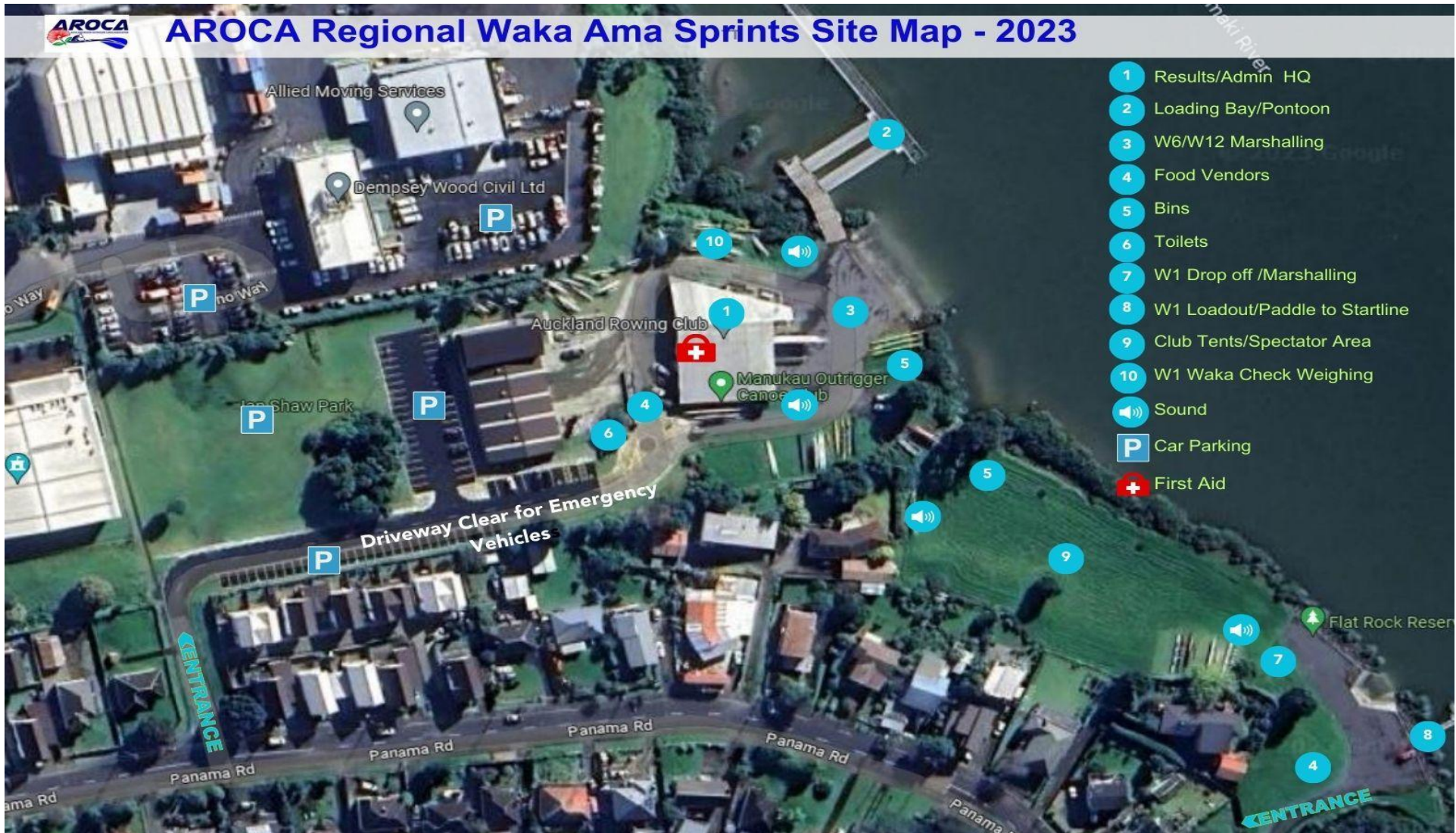
Ngā mihi nui

From the Aroca Board

Race Course Layout



Site Plan



Foot Traffic & Waka Flow Plan

